IN THE CLAIMS:

Kindly amend claims 1 and 2 as follows. The status of all of the claims in the case are also set forth below.

- 1. (Currently Amended) A skin beautifier <u>for oral administration</u> eontaining a <u>comprising</u> sphingomyelin as an effective ingredient.
- 2. (Currently Amended) The skin beautifier <u>for oral administration</u> according to claim 1, wherein the sphingomyelin is derived from cow milk.
 - 3. (Original) A skin-beautifying food or feed comprising [[a]] sphingomyelin.
- 4. (Original) The skin-beautifying food or feed according to claim 3, wherein the sphingomyelin is derived from cow milk.

Kindly add new claims 5-7 as follows:

- 5. (New) A method of decreasing transepidermal water loss comprising orally administering a skin beautifier containing sphingomyelin as an effective ingredient.
- 6. (New) The method of decreasing transepidermal water loss according to claim 5, wherein the sphingomyelin is derived from cow milk.
- 7. (New) The method of decreasing transepidermal water loss according to claim 5, wherein the sphingomyelin is orally administered in food.